

# Heart Disease & Hearing Loss



## HOW ARE HEART DISEASE AND HEARING LOSS LINKED?

Research has shown a solid connection between decreased blood flow from cardiovascular disease and low frequency hearing loss. Reduced blood flow causes irreversible damage to minute sensors in the ear. This damage can be seen in hearing tests, thus the connection between heart disease and audiometric changes.

Low frequency hearing loss means you have trouble hearing main consonants such as M, N, B, D, R in spoken words, and sounds like people are mumbling their words to you. Environmentally, you may not be hearing mowers, refrigerators, and other mechanical sounds.

If you or a loved one is suffering from heart disease, be sure to have your hearing tested sooner rather than later.



Castle Rock's *Premier* Hearing Healthcare Provider

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