

## Castle Rock's Premier Hearing Healthcare Provider SUMMER EDITION JULY 2021

**JULY 2021** 

### **Amazing Experienecs Come** Out of the BLU

ntroducing, Moxi Blu by Unitron. From impromptu road trips to running into old friends, navigating the unexpected parts of life requires spontaneity – and hearing aids that can keep up. Which is why we're proud to present Moxi Blu, Unitron's latest family of hearing aids; so you can go wherever the day leads.

The family of Moxi Blu hearing aids is designed for hassle-free listening. As you move through your day, the hearing aids automatically adjust to your listening



### What's Inside

Unitron Blu

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Lucky 7

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### **Our Staff**

Joanne LaPorta, MA, CCC-A Elizabeth Martinez, Au.D. Irena Homesher, Practice Manager Shannon Miller, Audiology Assistant environment, enhancing the sounds you want to hear while minimizing background noise.

Moxi Blu seamlessly connects via Bluetooth, so you can stream audio, calls, or digital assistants directly into your hearing aids, controlling your media with just a tap. Make your hearing journey your own with easy personalization. The Remote Plus app allows you to boost sound clarity or listening comfort in the moment, as well as select and customize preset programs designed for your life. Our Accent on Hearing providers can make adjustments remotely, so you can have an excellent listening experience without visiting the office.

For more information on Moxi Blu and a free demo of this amazing new product, contact us to schedule an appointment today!



### **AMPTIFY - The World's First Digital Therapeutic for Hearing Loss**

Amptify is an evidence-based hearing healthcare program that uses a proprietary digital toolkit to provide ongoing and personalized hearing rehabilitation from world-class specialists. Amptify participants experience a merging of digital health and aural rehabilitation that supplements hearing instrument use and provides an innovative, scientifically-backed, and patient-proven therapy for hearing loss.

The Amptify hearing healthcare program includes:

A Hearing Health Coach - Guidance from hearing healthcare professionals trained and certified to support and engage participants.

Interactive Curriculum - Twelve to sixteen weeks of motivation, quizzes, strategies, real-life practice, and hearing loss education

crafted to improve participants' lives.

Auditory Training - Video games designed to teach strong listening and cognitive skills through fun, interactive auditory training modules.

A Support Community - A managed peerto-peer environment for participants to interact, receive support, and offer guidance.

Amptify is also completely mobile-friendly via the Amptify App (available for Apple and Android), so our patients can do their learning and training anywhere! For more information and details, please go to www.amptify.com or ask a member of the Accent on Hearing Team!



# - Lucky Number 7-

As most of you know, every year the Colorado Community Newspapers hold a "Best of the Best" competition in the Spring so the community may vote for

their favorite healthcare providers, businesses, and services. Accent on Hearing has hit the lucky 7 and been voted "Best Audiologist/ Hearing Care Provider" for the seventh year in a row! We are thrilled that our patients and their families took the time to vote for us and are truly appreciative and humbled by the confidence you have placed in our entire

team for yours and your loved one's hearing healthcare. Our reputation means everything in a small community such as ours...Thank You!



# Had Covid? Possible Effects on Hearing & Tinnitus

Does COVID-19 damage the auditory system?

COVID-19, also known as the coronavirus, has now been linked to many long-term complications, including heart damage, lung damage and neurological disorders. One emerging area of research is whether hearing loss can result from coronavirus infection—either as a symptom or as a complication days or weeks later. Based on published case reports, it appears that sudden hearing loss is rarely a symptom of coronavirus onset. What does appear to be a little more common (though still rare) is developing hearing loss, tinnitus or dizziness later in the infection process, meaning these issues are not part of the initial onset of symptoms but develop days to weeks later.

What about tinnitus and coronavirus?

The COVID-19 pandemic has disrupted nearly every dimension of life. As tinnitus has been known to be initiated or exacerbated during stressful periods, concerns have been raised about the impact of the pandemic on people with tinnitus. As several viruses are known to affect

the auditory system, questions regarding the impact of COVID-19 on auditory-related symptoms were also raised.

Hearing loss or tinnitus as a side effect of medication used to treat coronavirus

What is well-known: Some medications used to treat the coronavirus carry a relatively high risk of hearing loss, ringing in the ears or vertigo and dizziness as a side effect. These drugs include quinine, cholorquine and hydroxychloroquine. As the mechanisms of tinnitus initiation post-COVID-19 are not known, further research should be done to determine if it can be directly attributed to the virus or to other factors such as the impact of receiving critical care, ototoxic medications, and/ or the stress of being hospitalized.

"These antiviral medications have known adverse events, including tinnitus and hearing loss, and the symptoms may be misdiagnosed as being caused by COVID-19," stated the authors of a systematic in the International Journal of Audiology. Adapted from The Hearing Journal, April 2021 and Healthy Hearing, June 2021.

### No-Bake Cool Whip Cheesecake

No-bake Cool Whip cheesecakes are not only super easy to make, but also totally adorable. No one will know that you didn't spend hours baking these little cheesecakes. They use only six ingredients— if you don't make your own graham cracker crust.

They're rich and fluffy all at the same time and, thanks to the lack of baking part, make for the perfect decadent yet refreshing summer dessert. Top them with fresh summer berries, but you can top them with whatever fruit you like. Make them ahead of time and store them in the fridge to cut down on prep the day you are serving.

#### Ingredients

- 2 (8-ounce) packages cream cheese, softened
- 2 (8-ounce) tubs whipped cream topping
- 2/3 cup granulated sugar
- 2 teaspoons vanilla extract

For the Graham Cracker Crust

1 1/2 cups graham cracker crumbs 5 tablespoons butter, melted 1/3 cup granulated sugar Blackberries Blueberries Raspberries



#### Steps to make it

- 1. Gather your ingredients.
- 2. Place the graham crackers and sugar in a food processor and process until completely crumbled. Drizzle in the melted butter.
- 3. Press the graham cracker crust into 6 greased mini cheesecake molds. If you are using a muffin tin, make sure to use liners. Bake for 5 to 10 minutes at 350 F or until lightly browned.
- 4. Beat the softened cream cheese with the sugar and vanilla extract until combined and fluffy.
- 5. Fold the whipped cream topping into the cream cheese mixture.
- 6. Fill the prepared molds with the cream cheese filling. Fill the molds a little bit at a time. Then press down on the top of the filling with a spoon or spatula so they completely fill the mold and there are no gaps or pockets of air.
- 7. Cover and refrigerate for 2 hours, or until completely chilled and firm.
- 8. Remove the cheesecakes from the molds, top with fresh berries and serve. They can also be kept chilled for up to 2 days before serving!

https://www.thespruceeats.com/no-bake-cool-whip-cheesecake-4589300



"Best of the Best" - 7 Years in a Row



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